

# AGENDA



## Prime Time Thursday

Program conducted by Darlene Austin or Morgan Kerns

---

<b>10:00 AM – 12:00 PM</b>	<b>Darlene Austin/Morgan Kerns</b>  <b><u>Thursday, January 8<sup>th</sup> -</u></b> Meet and Greet session with an informational speaker, Kim Daily, from the Department of Social Services (DSS) on Low Income Energy Assistance Program (LIEAP) followed by a get-to-know session to gather ideas for future Prime Time Thursdays. Complimentary tea and cookies provided.	Fort Benjamin Park Recreation Center
<b>10:00 AM – 12:00 PM</b>	<b>Darlene Austin/Morgan Kerns</b>  <b><u>Thursday, January 15<sup>th</sup> -</u></b> Gentle Yoga session with certified Yoga instructor, Martha Kenworthy.	Fort Benjamin Park Recreation Center
<b>10:00 AM – 12:00 PM</b>	<b>Morgan Kerns</b>  <b><u>Thursday, January 22<sup>nd</sup>-</u></b> Trading Treasures Thursday, bring in items you would like to pass on, take some home if you like, what we have left over we will donate to the thrift store we visit next week.	Fort Benjamin Park Recreation Center
<b>10:00 AM – 12:00 PM</b>	<b>Darlene Austin/Morgan Kerns</b>  <b><u>Thursday, January 29<sup>th</sup>-</u></b> Thrift Store Shopping and Dutch treat lunch day. Transportation will be provided.	Fort Benjamin Park Recreation Center

---

### Additional Instructions:

For additional information contact Morgan Kerns at Fort Benjamin Park, 252-222-5858 or visit our website at <http://ccpr.recdesk.com/recdeskportal/>.